

Midwives' Association *of* Washington State



The MAWS eBulletin

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Greetings!

We know you're busy, but we hope you'll read on so that you don't miss out on all of the clinical research updates and the local midwifery news we've gathered for you. Be sure to check out the new Recommendations for Cervical Cancer Screening and the new NRP Guidelines as well as some insider information about Pulse Oximeters.

We have both sad and celebratory local news coverage for you in this issue of the MAWS e-news including the passing of our dear colleague Toni Erickson. This issue is also jam packed with National Midwifery news and updates as well as midwifery web resources you'll be glad to know

exist including some resources on disparities and undoing racism. Also, don't miss the general continuing education and job posting information you can find here regularly.

We enjoy updating you on the latest MAWS and midwifery news and research, so we hope you'll take the time to devour this wealth of a resource! And as you may know, we're busy here preparing a great conference for you. We hope you'll join us as we focus on how we can Eliminate Disparities in Maternity Care Together.

We look forward to seeing you there.

Best,

Kristin J. Effland, LM, CPM
MAWS Vice President



Spring Conference This Week!

Please register now

and join us for this exciting conference. Remember to log in to your member account to get the member discount.

[Click here](#) for speaker bios and a rundown of the day's activities.

If you're on call and hope to attend, please register for lunch/refreshments only, so we can cover the cost of the food we order for you in case you're unable to come.

It's not too late to register as a sponsor or exhibitor. [Click here for sponsor opportunities](#). And **THANK YOU** to our confirmed sponsor and exhibitors!

Confirmed sponsors to date are:

[Leaf and Root Herbal Company](#)

[The Next Step Physical Therapy](#)

[Orion Medical Supply](#)

[Radiant Belly](#)

Confirmed exhibitors include Birth Joy Education, Cook Medical, Leaf and Root Herbal Company, Nancy Allin Hypnosis for Birth, Satya Curcio Photography, and Transitions Body Work.



Jennie Joseph, LM, CPM
Keynote Speaker

Thank You to Our New Associate Member!

We are so grateful for the support of our associate members. Associate memberships help fund the work of MAWS while offering associates a listing in our directory. **Please support our associate members in your area with referrals!**

We hope you'll suggest associate membership to service providers you typically refer your clients to--massage therapists, doulas,

Reviewers Needed for Peer Review Thursday Night!

All-Region Peer Review will be held next Thursday early evening (the day before the conference) at a Seattle location. To date, we're short on participants and are committed to making this happen.

If you need peer review soon, please consider joining us, and even if you don't, please consider offering a hand by

childbirth educators, etc. You may [refer them here](#) on our web site.

Pure House Cleaning

(Added to our new Associate Member Category, **Environmental Products and Services for New Families**)

Bothell, WA

[MAWS Directory Profile>](#)

[Website>](#)

Whooping Cough Reaching Epidemic Levels: Avoid Putting your Clients at Risk

Visit the [Practice Update page of the MAWS web site](#) for updates on the Pertussis outbreak in Washington and what midwives need to know.

A Reminder About Conducting a Peer Review

If you are in need of a Peer Review, organize one! Now anyone can organize a Peer Review as long as s/he:

1. Is a current MAWS member!
2. Has participated in at least one Peer Review before!
3. Contacts [Lynn Hughes](#) in order to receive all of the necessary, updated and official paperwork and verify the member status of participants!

Please remember that every midwife who participates in your Peer Review MUST be a current MAWS member, and please don't forget that we have a shared responsibility to participate in Internal Review Panels whenever called upon to do so. We can't do this very important work without your help!

Washington Midwives Leading the Way at Historic 2012 CPM Symposium

participating as a reviewer. There's always so much to learn at every review!

[Contact Melissa Hughes](#) today to RSVP!

In memoriam of Toni Erickson, RN, LM - Beloved Licensed Midwife, 1938-2012

by Nancy Spencer, Ann Olsen, and Mif Carlson

KINDNESS is perhaps the universal word, echoed by everyone who met Toni Erickson, to describe her unfailing love and goodness which she



lavished on her moms and dads and babies throughout her career. She always believed that 'it was how you made people feel', that was important.

[Click here to read the full story>](#)

Resources on Undoing Racism and Oppression in Healthcare

We have begun compiling [Resources on Healthcare Disparities and Undoing Racism and Oppression in Healthcare and the Delivery of Healthcare](#) on the MAWS website for your reference. This is by no means an exhaustive list, but it's a start.

Please email additional resources you would like to see included on this page to [Kristin Effland](#).

CPM Symposium 2012 Follow Up



"At the Symposium, we heard from leaders in education, public policy, and legislation



WA midwives at the DC office of Maria Cantwell

The presence of Washington midwives was an undeniable force at the [CPM Symposium](#), held at the Airlie Center in Warrenton, VA from March 16-20, 2012. Over the course of the trip, which began with a day of lobbying on Capitol Hill and ended with a day of work on the future of midwifery, the significance of the event was spoken but perhaps won't be completely understood or appreciated for some time. The influence of Washington State was significant for the number of participants, presentations from and about Washington midwifery, as well as the active engagement of Washington midwives during the Symposium in critical discussions about moving our profession forward.

[Read the full story](#)

New Recommendations for Cervical Cancer Screening

In March 2012, the [U.S. Preventive Services Task Force](#) (USPSTF) and the American Cancer Society (ACS) released final versions of their new recommendations on screening for cervical cancer. Although there were some differences in the draft recommendations of these two organizations, final guidelines are in agreement on these points:

- Women should begin cervical cancer screening at age 21.
- Women of average risk between the ages of 21 and 65 should have a Pap smear every 3 years or, for women 30 to 65, a Pap test and an HPV test every 5 years.
- Women over the age of 65 should discontinue screening if prior regular screenings have been normal and they are not at high risk for cervical cancer.

For the ACS, this represents a change from their previous recommendation that women be screened for cervical cancer with an annual Pap smear. Both organizations highlight in

about national and global trends that form the context for practice and education, and we heard from our peers in states across the country whose successes and challenges reflect our experiences and influence our thinking about the future of the profession. Together, we experienced the palpable excitement of the momentum that is growing for Certified Professional Midwifery, while also experiencing the frustrations and discomfort that come from breaking open typical discussions in the search for new solutions."

[Read the full follow up](#) from the National Association of Certified Professional Midwives and the Association of Midwifery Educators.

New NARM Statement on Licensure

The North American Registry of Midwives has issued a new [Position Statement on Licensure](#) to aid in the efforts to educate the public and policy makers regarding the purpose and advantages of CPM licensure at the state level. Would you like MAWS to endorse this statement? [Email your comments](#) by May 27 for consideration by the Board.

Resources for Risk Management and Practice Documentation

by *Liz Chalmers*

Victoria Grace of QMA Risk Management LLC has assembled a broad set of information that will help you with topics such as HIPAA, cord blood law, writing P&P manuals, etc. You can find it under the Risk Management section of the JUA website, or you can directly access it [by clicking here](#).

If you're scheduled for 2012 practice liability review, you will find these resources invaluable in getting prepped for the review. I highly encourage you to peruse all the sections before submitting any material to Victoria for review.

Even if you're not scheduled for review this year, please take a moment to check out the resources and compare to the documentation you are currently using.

If you have any questions about this, please [contact Victoria by email](#).

their recommendations that HPV testing should not be performed alone (without a Pap smear) and not in women under age 30 unless, the ACS states, a woman has an abnormal Pap test result. [READ MORE](#)

For another reference, consider the ASCCP Guidelines: [The 2006 Consensus Guidelines](#) for the Management of Women with Abnormal Cervical Cancer Screening Tests were published in the American Journal of Obstetrics and Gynecology (2007;197(4):346-355). To read the guidelines as published in AJOG, [click here](#).

Meetings on Newborn Hearing Screening



[Registration is open](#) for the Washington State Universal Newborn Hearing Screening Meetings. They are offering a choice of two meetings: Friday, May 18 at Sacred Heart Children's Hospital, Spokane, or Friday, June 1 at Seattle Children's Hospital. The meetings are an opportunity to update your knowledge and network with other programs and potential partners within the EHDDI system.

Congenital hearing loss is one of the most common birth defects. It affects 3/1,000 babies. Erin Curtiss, Licensed Midwife and MAWS member will be speaking at both of these events. She will speak about her experience with the EHDDI/midwife program and about the unique barriers to care that affect midwifery clients and what we can do to address them.

Homebirth Midwives and the Hospital Goliath: Evidence Builds for Disruptive Innovation

"Midwives have a central focus in our strategic plan. We are hoping Washington State can double out-of-facility births in the next two or three years."

[Read John Weeks' full article in the Huffington Post>](#)

Job Posting

[Wenatchee Midwife Service and Childbirth Center](#) (WMS&CC) in central Washington (2.5 hours east of Seattle) is looking to hire a CPM, a CM, a CNM or a Licensed Midwife. Experience preferred. Must be able to gain licensure in WA. Position available Sept 1, 2012. Births occur mostly in the freestanding birth center and ~10% home births. The midwives at WMS&CC attend 60-80 births per year between 2-3 midwives (currently all CPM, LMs). Each midwife has the ability to take time away from the practice. Our practice is actively involved in [our state professional association](#).

We are also committed to teaching midwifery students. The practice is stable with 27 years of experience and support by the medical community.

[WenatcheeMidwife.com](#)

If you are looking to live in the beautiful foothills of the Cascade Mountains, enjoy outdoor recreation and want to work in a state where midwifery is thriving, this is the place for you! [www.leavenworth.org](#), [www.justgetout.net/wenatchee/](#)

If you are interested or know anyone who might be, please contact Kristin Effland at [kristineffland@gmail.com](#) or 509-663-2770.

Register now for the OB COAP First Annual Meeting May 14th, 2012, noon - 6:00 pm at the Sea-Tac Hilton Hotel and Conference Center

Governor Gregoire will be presenting on the importance of quality improvement initiatives like OB COAP in WA State and Abraham Verghese, physician and bestselling author of *Cutting for Stone* will be giving the keynote address.

The event is being sponsored by the Foundation for Health Care Quality. Registration is \$40 and includes lunch. This will be another opportunity for those who participated in OB COAP to engage with Dr. Ellen Kauffman, OB COAP Program Director in a conversation about outcomes, changes in the database, and future direction of the program. [Click here for more details](#).

Update on Indications

Special Report-Neonatal Resuscitation: 2010 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care

[Click here for this special report, published in Pediatrics Volume 126, Number 5, November 19, 2010.](#) They write that the "guidelines are an interpretation of the evidence presented in the 2010 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations. They apply primarily to newly born infants undergoing transition from intrauterine to extrauterine life, but the recommendations are also applicable to neonates who have completed perinatal transition and require resuscitation during the first few weeks to months following birth."

"Practitioners who resuscitate infants at birth or at any time during the initial hospital admission should consider following these guidelines. For the purposes of these guidelines, the terms newborn and neonate are intended to apply to any infant during the initial hospitalization. The term newly born is intended to apply specifically to an infant at the time of birth. Approximately 10% of newborns require some assistance to begin breathing at birth. Less than 1% require extensive resuscitative measures."

Pulse Oximeter Information

A member of the NRP workgroup informed us that there was discussion that obtaining a pulse oximeter could possibly be a challenge for midwives since we're not associated with a hospital in terms of "bulk buying". Please [send an email to Kristin Effland](#) if you would like MAWS to ask for a group discount code with [Masimo](#), a pulse oximeter that is known to be good with newborns for picking up low saturations. In the NRP research, the Masimo machine performed the best for newborns (and was utilized most often amongst area hospitals).

Racial Disparity in Birth Outcomes Podcast

Maternally yours, a Florida radio program, celebrated Black History Month by sharing the successes the Florida community in the effort to combat racial disparity in birth outcomes.

Document Review & Revision:

Thank you to all who participated in the review of MAWS core document: [Indications for Discussion, Consultation and Transfer of Care in an Out-Of-Hospital Midwifery Practice](#). Participation was amazing; thirty-one responses were received!

So far, review of the document has included three steps:

- Comments from a collection of experienced midwives
- Professional member survey participation
- Review of survey results

A total of 5 out of 9 experienced midwives who were invited to review participated. Additionally an electronic survey was available by invitation to current professional MAWS members. The survey link was shared by email and open from March 13- March 30. Twenty-six surveys results were received; 19 were completed.

Due to the complexity of the document's content and responses received, the revision process is expected to extend further than originally anticipated. The original goal was to have a board approved revision to share at the spring conference. After thoughtful reconsideration our new plan is to share the updated document at the Fall conference and Annual Meeting on Friday, November 9, 2012. The additional time will allow for an un-rushed process and a better revision. We believe the content and role of this document is too sensitive to approach any differently.

It was reassuring to discover that responses were overwhelmingly supportive of the document's existing content. Thank you for your participation and patience!

Sincerely,

Melissa Hughes, MAWS Board Secretary

Are You on Facebook? "Like" the Midwives' Association of Washington State!

If you're on Facebook, visit us and "like" our page, and encourage your friends to "like" us, too. This is a great way to get

They were joined in the studio by Sarasota County Commissioner Carolyn Mason, Healthy Start Coalition of Sarasota County Executive Director Jennifer Highland, and Sarasota Memorial Hospital's Dr. Washington Hill, and via phone by **Orlando midwife Jennie Joseph, our keynote speaker at next week's conference.**

[Click here to listen to the podcast>](#)

the word out on MAWS' legislative work and events.



2012 Legislative Session Final Report

Agenda Item: Support HB 2186 - Help Licensed Midwives Collaborate with Nurses

Result: HB 2186, sponsored by Rep. Barbara Bailey from Whidbey Island, was signed into law by the Governor.



Governor Gregoire signing HB 2186

This bill allows Licensed Midwives to give direction to Registered Nurses (RNs) and Licensed Practical Nurses

(LPNs). The Department of Health received \$11,000 in their budget to undergo rulemaking in 2012 to implement the new law. The department plans to hold two public hearings as part of this process.

Our goals with this bill were threefold:

1. It removes a barrier for midwives who have hospital privileges or are seeking hospital privileges. A midwife would be able to follow her client into the hospital in the event of a transport, increasing the likelihood of a vaginal birth which carries fewer risks for mother and baby, and is much less costly than a cesarean section.
2. It allows nurses to work in freestanding birth centers, or to work as a birth assistant with a Licensed Midwife at home births. Midwives frequently get applications from nurses, but are not able to hire them.
3. It removes one barrier to Licensed Midwives working in Federally Qualified Health Centers. This has been identified as one way to address the problem of access to maternity care in rural and underserved areas of the state. You can read more about this bill in [Rep. Barb Bailey's press release](#)

Agenda Item: Maintain the current cap on midwifery licensing fees

Result: The \$59,000 budget proviso to cap midwifery licensing fees in 2012 was preserved in the 2012 Supplemental Budget.

Annual professional licensing fees are currently capped at \$525. Maintaining this cap is an access to care issue because without it licensing fees would be approximately \$1500, which would force some midwives out of their profession and discourage some from entering. Licensed Midwifery is a profession that the state wants to promote and build because patients receive high-quality care while saving the state money.

UPCOMING CONFERENCES, WORKSHOPS & COMMUNITY EVENTS

MAWS 2012 Spring Conference: Eliminating Disparities in Maternity Care Together

May 4, 2012 - Shoreline, WA

[More information>](#)

May Grand Rounds at UW Ob-Gyn

May 9, May 16, 2012 - UW Health Sciences, Seattle, WA

[More information>](#)

Washington State Universal Newborn Hearing Screening Meetings

(See article above)

Friday, May 18 at Sacred Heart Children's Hospital, Spokane, or

Friday, June 1 at Seattle Children's Hospital

[More information and registration>](#)

[See the MAWS web site](#) for ongoing continuing education opportunities.

Recent Research Relevant to Midwifery

Read below for a list of recently published articles relevant to midwifery practice and education. The title of each article links to its related abstract in PubMed. Information about accessing the full text articles can be found at the bottom of each citation.

1. [Fathers' emotional involvement with the neonate: impact of the umbilical cord cutting experience.](#)
Brandão S, Figueiredo B.
J Adv Nurs. 2012 Mar 28. doi: 10.1111/j.1365-2648.2012.05978.x. [Epub ahead of print]
PMID: 22458831 [PubMed - as supplied by publisher]

Available through [Heal-WA](#) after one year.
2. [Finding the right indicators for assessing quality midwifery care.](#)
de Bruin-Kooistra M, Amelink-Verburg MP, Buitendijk SE, Westert GP.
Int J Qual Health Care. 2012 Mar 28. [Epub ahead of print]
PMID: 22457241 [PubMed - as supplied by publisher]
[Related citations](#)

Available through [Heal-WA](#) after one year.
3. [Newborn feeding behavior depressed by intrapartum oxytocin: a pilot study.](#)
Fernández IO, Gabriel MM, Martínez AM, Morillo AF, Sánchez FL, Costarelli V.
Acta Paediatr. 2012 Mar 27. doi: 10.1111/j.1651-2227.2012.02668.x. [Epub ahead of print]
PMID: 22452314 [PubMed - as supplied by publisher]
[Related citations](#)

Available through [Heal-WA](#) after one year.
4. [Clinical decision-making: midwifery students' recognition of, and response to, post partum haemorrhage in the simulation environment.](#)
Scholes J, Endacott R, Biro M, Bulle B, Cooper S, Miles M, Gilmour C, Buykx P, Kinsman L, Boland R, Jones J, Zaidi F.
BMC Pregnancy Childbirth. 2012 Mar 23;12(1):19. [Epub ahead of print]
PMID: 22443712 [PubMed - as supplied by publisher] Free Article
[Related citations](#)

[Link to FREE FULL TEXT ARTICLE](#)

5. [An online training resource for clinical supervision.](#)

McColgan K, Rice C.

Nurs Stand. 2012 Feb 15-21;26(24):35-9.

PMID: 22443011 [PubMed - in process]

[Related citations](#)

Available through [Heal-WA](#)

6. [Universal antenatal chlamydia screening by rural midwives.](#)

Curran G.

Aust Nurs J. 2012 Feb;19(7):30-2. No abstract available.

PMID: 22390013 [PubMed - indexed for MEDLINE]

[Related citations](#)

Available through [Heal-WA](#)

7. [Topical application of chlorhexidine to neonatal umbilical cords for prevention of omphalitis and neonatal mortality in a rural district of Pakistan: a community-based, cluster-randomised trial.](#)

Soofi S, Cousens S, Imdad A, Bhutto N, Ali N, Bhutta ZA.

Lancet. 2012 Mar 17;379(9820):1029-36. Epub 2012 Feb 8.

PMID: 22322126 [PubMed - indexed for MEDLINE]

[Related citations](#)

[Link to FREE FULL TEXT ARTICLE](#) available for view with free registration

8. [Listeriosis in pregnancy: survey of British Columbia practitioners' knowledge of risk factors, counseling practices, and learning needs.](#)

Kirkham C, Berkowitz J.

Can Fam Physician. 2010 Apr;56(4):e158-66.

[Related citations](#)

[Link to FREE FULL TEXT ARTICLE](#)

9. [Maternal coffee intake and associated risk factors: effects on fetal growth and activity.](#)

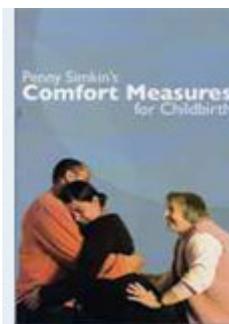
Acta Med Port. 2011 Mar-Apr;24(2):241-8. Epub 2011 May 20.

Conde A, Teves C, Figueiredo B.

[Link to FREE FULL TEXT ARTICLE](#)

BUY PENNY SIMKIN'S COMFORT MEASURES FOR CHILDBIRTH DVD & PENNY WILL DONATE 10% TO MAWS!

This 90-minute interactive DVD contains more than 40 techniques for reducing and managing the pain of labor contractions. Christiane Northrup, MD states, "Comfort Measures is wonderful. I suggest that it be required viewing for all pregnant couples and childbirth professionals." Use [this link](#) to buy it now or [click here](#) to read more about it.



This is *your* newsletter. Please send any feedback or suggestions to [Kristin Effland](#). We welcome suggestions for future topics, popular articles or research to include.

