

# Midwives' Association *of* Washington State



The MAWS eNews

August 17th, 2015

**SAVE THE DATE!**

**MAWS 2015 Fall Conference and Annual Meeting**

**Friday, November 20th, 2015**  
**The Mountaineers Club, Seattle, WA**

Keeping watching our website and Facebook page for updates  
[www.washingtonmidwives.org](http://www.washingtonmidwives.org)

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### Call for 2015 MAWS Board Nominations

**Join the Board of Directors!** The next MAWS Conference and Annual Meeting is coming up on November 20th. A few members of our current Board of Directors will not be running

### Have you done your Peer Review yet?

If not, let MAWS help! The protected safe space of Peer Review and Incident Review enables midwives to freely discuss clinical cases with their peers providing them with an opportunity to improve their practice and future outcomes.

for re-election, and we'd like to invite you to consider bringing all of your talents to furthering our mission to promote the health and well-being of women and families in Washington State through the profession of midwifery.

Board members take an active role in the work of MAWS. The Board typically meets once per month. Most meetings are in the Seattle area, though members can call in to meetings--so it is possible to join from a distance. Learn more about Board participation [here](#) and learn more about your role as a Board member [here](#).

Keep in mind our board is not just made of midwives. We welcome consumers and people in all fields that support midwifery in the state of Washington!

Here are just some of the positions we are looking to fill:

Nominations Committee Chair  
Fundraising Committee Chair  
Birth Center Representative  
Anti-Racism Committee Members

If you're interested in getting on this fall's ballot, please [email your name and bio](#) (or that of a colleague, with their permission). **Nominations must be received by Friday, October 2, 2015.** Questions? Please email them to Amanda [info@washingtonmidwives.org](mailto:info@washingtonmidwives.org).

## Legend Drugs and Devices

Midwifery Chapter 246-834 WAC is being updated and the Department of Health is asking for your input. As you know, I am updating most sections of the midwifery chapter 246-834 WAC. Attached is draft language for legend drugs and devices. Please let me know what you think. This will not be your last chance to comment. We are early in the process of re-writing the language and you will have more comment periods in the future for all parts of the chapter.

Also, per statute, this particular section on legend drugs and devices must be shared with the midwifery advisory committee, the pharmacy quality assurance commission and the medical quality assurance commission for their input.

Two branches of the QMP program provide mechanisms for quality improvement:

- **Peer Review** which each midwife must complete on a regular basis every 2 years with at least 3 other professional MAWS members (professional MAWS members must be WA State Licensed Midwives)
- **Incident Review** which is organized by the QMP committee and is conducted by a specially convened panel whenever an outcome occurs which meets "Sentinel Event" criteria and warrants a review.

If you are a MAWS member in need of a Peer Review, organize one! Now anyone can organize a Peer Review as long as s/he:

1. Is a current MAWS member.
2. Has participated in at least one Peer Review before.
3. Contact **Christine Tindal** in order to receive all of the necessary, updated and official paperwork and verify the member status of participants (**as every midwife who participates in your Peer Review MUST be a current MAWS member**).

Interested in our All-Region Peer Review? Please contact Christine Tindal. This is usually done just before or just after our Fall Conference in November.

## 2015 Flu Documents Update

The flu documents have been reviewed and updated to 2015. When we have the funding the changes will be translated into the other languages. For now the Spanish, Russian and Vietnamese version are the 2014 edition.

Remember when sharing with colleagues, it is best to share the HERE record link so folks know when this was reviewed and updated and that they have the most current version. That link tells folks what languages are available and has the links. The patient handouts are easily downloaded and copied for your patients.

HERE record:

<http://here.doh.wa.gov/materials/flu-and-pregnancy>

English PDF:

[http://here.doh.wa.gov/materials/flu-and-pregnancy/12\\_FluPreg\\_E15L.pdf](http://here.doh.wa.gov/materials/flu-and-pregnancy/12_FluPreg_E15L.pdf) (950-170)

HERE record:

<http://here.doh.wa.gov/materials/influenza-pregnancy-for-providers>

Have a great weekend and thanks for any input you provide!

## Proposed Rules for New Requirements for Midwives

A CR102 was filed with the Code Reviser's Office for rulemaking for chapter 246-834 WAC -- Midwives.

The proposed rules are [attached](#) and implement SHB 1773, in part. The proposed rules address the new requirements for continuing competency, peer review, and data submission.

The hearing is September 10, 2015 at 1:00 p.m. in Tumwater at:

Department of Health  
Town Center 2, Room 158  
111 Israel Road SE  
Tumwater, WA 98501

You can also submit written comments, by September 10, 2015, to:

Kathy Weed  
P.O. Box 47852  
Olympia, WA 98504-7852,  
by e-mail [Kathy.weed@doh.wa.gov](mailto:Kathy.weed@doh.wa.gov), or  
by fax (360) 236-2901

## Resources For Early Hearing Loss

The Department of Health has requested that you have access to the information presented at our last conference on early hearing loss.

Letter and resources from Kristina Wendorf at Washington State Hands and Voices: [Full Packet](#)

[Link](#) to more resources at the Department of Health.

## New Master's Degree for Experienced Midwives - now starting

English PDF:

[http://here.doh.wa.gov/materials/influenza-pregnancy-for-providers/13\\_FluProvider\\_E15L.pdf](http://here.doh.wa.gov/materials/influenza-pregnancy-for-providers/13_FluProvider_E15L.pdf) (950-169)

## Continuing Education and Upcoming Events

### Live, Love, LATCH ON

#### First Annual Family Picnic Event

Saturday, August 22nd 3pm

Marymoor Park

The Perfect Push together with the La Leche League of West Seattle and La Leche League of Kirkland is proud to present a LIVE, LOVE, LATCH ON Family Picnic event to celebrate National Breastfeeding Month.

Join us for fun filled family event! Breastfeeding moms join us at 4:30pm as we will attempt to break a record submitted to the Guinness Book of World Records by a group of amazing women in Texas for the most number of women simultaneously breastfeeding in an open area. We hope you will join us to support this very worthy cause at Marymoor Park Picnic Shelter North. <https://www.facebook.com/pages/The-Perfect-Push-PLLC/1560457314227766>

### Washington State Hospital Association Safe Deliveries Roadmap - Safe Table

Tuesday, September 8, 2015 9am - 2:30pm

Help Build the Future of Health and Care for Women in the Pacific Northwest Region

Sessions:

- *Preconception: Every Woman, Every Time*, Daniel J. Frayne, MD

- *Prepregnancy, Pregnancy and Postpartum Bundles: Why, How and What's Next?* Heather Bradford, CNM; Lisa Callegary, MD; Angela Chien, MD; Sarah Prager, MD; Roger Rowles, MD; Polly Taylor, CNM

- *Improving Maternity Care Across the Country*, Elliott Main, MD

- *Labor Management: What Are We Learning?* Tom Benedetti, MD; Douglas Madsen, MD; Dale Reisner, MD

- *Breastfeeding Friendly Washington*, Bat Sheva Stein, RN, MSN

For more information and to register please click [here](#). Here is the [flyer](#) for the event.

### CONFERENCE 2015

#### Advanced Practice in Primary and Acute Care

This conference offers health care providers an opportunity to validate and enhance clinical competencies, acquire new assessment and management skills, examine critical issues in health care at the state and national level, foster a strong coalition of providers in advanced practice, and learn about new products, services, and pharmacotherapeutic agents. Conference faculty include distinguished national, regional and local experts. Concurrent sessions allow participants to

## July 2016

Are you looking to expand your midwifery expertise beyond clinical practice? Interested in earning a relevant master's degree that builds on your experience to influence positive change in maternity care?



### **Bastyr**

**University's** Department of Midwifery now offers an accredited

**Master of Arts in Maternal-Child Health Systems** degree specifically for birth professionals. The one-year program, delivered primarily online, provides skills to those who want to be part of maternity care systems change -- in education, research and policy-making.

The program begins **Summer 2016** and applications are now being accepted. Important features:

- 4-quarter, regionally accredited graduate degree relevant to midwives
- Primarily online with two short on site weeks at start and end
- Part-time option
- Financial Aid & Scholarships
- Multi-disciplinary faculty

For more information or to find out if this program is right for you, contact: Suzy Myers, Chair of Department of Midwifery at [smyers@bastyr.edu](mailto:smyers@bastyr.edu) Suzanne Yate, Admissions Advisor at [syates@bastyr.edu](mailto:syates@bastyr.edu)

## Are You on Facebook? "Like" the MAWS Page!

If you're on Facebook, [visit us and "like" our page](#), and encourage your friends to "like" us, too. This is a great way to get the word out on MAWS' legislative work and events.



design their own educational tracks in the areas of acute, adolescent, adult, family, geriatric, midwifery, pediatric, psychosocial and women's health care.

November 5-7, 2015 Washington State Convention Center.

**20.6 contact hours (16.0 pharmacology hours at the advanced practice level)**

**[Register here!](#)**

### **Simkin Center at Bastyr**

- Birth Doula Skills Workshop
- Postpartum Doula Skills Workshop
- Pre and Perinatal Massage Certification
- Certified Educator of Infant Massage
- Dancing for Birth

To register for any of these workshops, please follow the link [here](#).

### **Midwifery Today Conference**

**"Pillars of Midwifery: Insight, Information and Intuition"**

Bad Wildbad, Germany

21-25 October 2015

These are some of the topics we plan to present at the conference. Please see the [conference program](#) for the complete list of classes.

- Human Rights Issue: Premature Cord Cutting with **Robin Lim**
- A Day with **Michel Odent** : One Thousand and One Possible Topics (full-day class)
- Mexican Traditions and Techniques
- Comfort Measures for Midwives and Doulas
- Midwifery Skills
- Handling Birth Complications in Waterbirth
- Alternatives to Suturing and Tear Prevention
- Physiological Transition of the Newborn
- Reclaiming Our Autonomy through Style of Practice
- Alternative Remedies for the Childbearing Year
- Uncommon Complications
- Prolonged Pregnancy: Waiting, Watching, Worrying
- Overcoming Fear in Birth

To register please click [here](#).

This is *your* newsletter. Please send any feedback or suggestions to [Amanda Anderson](#). We welcome suggestions for future topics, popular articles or research to include.

Would you like your story shared in the MAWS newsletter? Please email us!